

# Product and Service Disclaimer

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The information provided in or through this Website/Facebook group is for educational and informational purposes only and solely as a self-help tool for your own use.

## *NOT MEDICAL OR CLINICAL ADVICE*

I am not a medical professional or registered clinical psychologist or psychiatrist, or mental health professional, nor am I holding myself out to be. The information contained in this Website/Facebook group is not intended to be a substitute medical or clinical advice that can be provided by your own doctor, psychiatrist, psychologist, or mental health professional. Although care has been taken in preparing the information provided to you, I cannot be held responsible for any errors or omissions, and I accept no liability whatsoever for any loss or damage you may incur. Always seek medical or clinical advice relating to your specific personal circumstances as needed for any and all questions and concerns you now have, or may have in the future. You agree that the information on our Website/Facebook group is not substitute medical or clinical advice.

If you are a paying and non-paying user and is currently under the care of a mental health professional, it is recommended that you promptly inform the mental health care provider of the nature and extent of any coaching and personal development being undertaken using this web site.

Paying and non-paying users of this web site acknowledge that online coaching, coaching programs, trainings, tools, guides and any information on this web site:

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- does not involve the diagnosis or treatment of mental disorders as defined by the American Psychiatric Association
- is not to be used as a substitute for counselling, psychotherapy, psychoanalysis, mental health care, substance abuse treatment, or other professional advice by legal, medical or other qualified professionals
- that it is the Client's exclusive responsibility to seek such independent professional guidance as needed

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You aim to accurately represent the information provided to us on or through our Website/Facebook group. You acknowledge that you are participating voluntarily in using our Website/Facebook group and that you are solely and personally responsible for your choices, actions and results, now and in the future. You accept full responsibility for the consequences of your use, or non-use, of any information provided on or through this Website/Facebook group, and you agree to use your own judgment and due diligence before implementing any idea, suggestion or recommendation from my Website/Facebook group to your life, family or business.

## *NO GUARANTEES*

My role is to support and assist you in reaching your own goals, but your success depends primarily on your own effort, motivation, commitment and follow-through. I cannot predict and I do not guarantee that you will attain a particular result. You must accept and understand that results differ for each individual. Each individual's results depend on his or her unique background, dedication, desire, motivation, actions, and numerous other factors. You fully agree that there are no guarantees as to the specific outcome or results you can expect from using the information you receive on or through this Website/Facebook group.

## *TESTIMONIALS*

I present real world experiences, testimonials, and insights about other people's experiences with my Website/Facebook group for purposes of illustration only. The testimonials, examples, and photos used are of actual clients and results they personally achieved, or they are comments from individuals who can speak to my character and/or the quality of my work. They are not intended to represent or guarantee that current or future clients will achieve the same or similar results; rather, these testimonials represent what is possible for illustrative purposes only.

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As with all situations, there are sometimes unknown individual risks and circumstances that can arise during use of my Website/Facebook group that cannot be foreseen that can influence or reduce results. You understand that any mention of any suggestion or recommendation on or through my Website/Facebook group is to be taken at your own risk, with no liability on my part, recognising that there is a rare chance that illness, injury or even death could result, and you agree to assume all risks.

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By using this Website/Facebook group, you agree to absolve me of any liability or loss that you or any other person may incur from use of the information, products or materials that you request or receive through or on my Website/Facebook group. You agree that I will not be liable to you, or to any other individual, company or entity, for any type of damages, including direct, indirect, special, incidental, equitable or consequential loss or damages, for use of or reliance on my Website/Facebook group. You agree that I do not assume liability for accidents, delays, injuries, harm, loss, damage, death, lost profits, personal or business interruptions, misapplication of information, physical or mental disease or condition or issue, or any other type of loss or damage due to any act or default by me or anyone acting as our agent, consultant, affiliate, joint venture partner, employee, shareholder, director, staff, team member, or anyone otherwise affiliated with my business or me, who is engaged in delivering content on or through this Website/Facebook group.

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You hereby fully and completely hold harmless, indemnify and release me and any of my agents, consultants, affiliates, joint venture partners, employees, shareholders, directors, staff, team members, or anyone otherwise affiliated with my business or me from any and all causes of action, allegations, suits, claims, damages, or demands whatsoever, in law or equity, that may arise in the past, present or future that is in any way related to my Website/Facebook group.

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